

Banana Peanut Butter Cupcakes

Ingredients:

Cupcakes

- 1 1/2 cups oats
- 1/2 cup almond milk
- 1 egg
- 1 scoop vanilla protein powder
- 1 tsp vanilla extract
- 1/2 teaspoon baking powder
- 1 ripe banana
- 1/2 cup PB2 or Crunchy Peanut Butter

Icing

- 1/4 cup greek yoghurt
- 1/2 scoop vanilla protein powder
- 2 tsp peanut butter

Method:

Preheat oven to 180C.

Mix all ingredients (except banana) in a blender. In a large mixing bowl mash banana and fold through the cupcake mixture.

Spoon 1 tbsp of mixture into muffin moulds. Add 1/2 tsp of peanut butter and spoon another tbsp of mixture over the top. Bake for 20-25 minutes.

For icing. Mix all ingredients together and spread evenly onto cupcakes.

